



**PBEcoDistrict Resiliency Resource Guide  
COVID-19 Updates April 13. 2020  
Data Statistics and Resources**

[County of San Diego](#)

[City of San Diego](#)

[CDC](#)

[Donate to beautifulPB](#), support is essential during COVID-19. We will continue to provide weekly updates to our Resource Guide and support StayHomeSD with financial donations supporting the distribution of free food to our local elderly population.

**Local Food Distribution**

[StayHomeSD.com](#) - PB based, free groceries+delivery to 65+ by local volleyball players  
619.800.3252 **Contact directly**

**Supported by Olive Bakery+Cafe, PB FireHouse, Grass Skirt, local donations  
100% Donation based. beautifulPB.com to [DONATE](#) button for 501c3**

[San Diego Food Bank](#)

[Pink/Green Paper in your window Grocery Needs](#)

[Outreach to Neighbors via Neighborhood Watch](#)

**Local Gardening:**

[BeautifulPB Agriculture](#)

[Green Gardens Nursery](#)

**Business and Financial Updates**

**DiscoverPB**

[Event Calendar - Live Stream](#) Events

[Discover - COVID-19 Current Business Offerings](#)

[Support Local PB Businesses](#)

**Local Fitness:**

[The Facility](#) - Hip Hop Dance Classes

[PB Training](#)- Junior Leoso [JuniorLeoso@gmail.com](mailto:JuniorLeoso@gmail.com) Online Fitness

[Jenna Zabrosky](#) - Online Yoga

**Local Art:**

[Art In Place - Self Guided Art Tour](#)  
[San Diego Museum of Art - Art Alive](#)

**Local Environment:**

[Rose Creek](#)  
[Save Rose Creek](#)  
[UCSD Kendall Frost Wetlands](#)  
[SD Audubon Society](#)  
[Surfrider Foundation](#)

**Local Bikes:** [PB Bikes](#)**Local Education:**

[UCSD Osher Institute](#)  
[San Diego Unified School District](#)  
[EcoDistrict - AP Program \*free\* until June 30th](#)

**Local Food and Drink Establishments Adaptation for Food/Beverage Supply:**

[Olive Baking](#) Company - fresh local farm produce  
[French Gourmet](#) - eggs, butter, wine  
[Coffee Cycle](#) - coffee, fresh local farm produce  
[Bayside Landing](#) - Groceries, wine  
[Second Nature](#) - fresh local farm produce, wine  
[Local Take-Out](#) - Google Map of local take-out

**Local Food Purchasing:****Senior Hours**

[Trader Joe's](#)  
[Vons](#)  
[Gelsons](#)  
[Costco](#)  
[OB Peoples Food Coop](#)  
[Barrons](#)

**Food Online Delivery**

[Thrive](#) - Organic Dry Goods

**CSA Local Vegetable Boxes - Delivery Tuesday to PB**

[Rodney Kawano](#) Farms delivers to PB.

**Domestic Violence and Child Abuse:  
Resources**

[NY Times Article](#)

[National DMV hotline](#)

[Staying Safe during COVID-19](#)

[Prevent Child Abuse America](#)

[California Partnership to End Domestic violence](#)

[Time Magazine March 18, 2020](#)

**Local Religious Centers and Programs:**

[CCSA - Christian Community Services Association](#)

[Pacific Beach Christian Church](#)

[Pacific Beach Presbyterian Church](#)

[Pacific Beach United Methodist](#)

[Christ Lutheran Church](#)

[Our Lady of Refuge Church](#)

[St Brigid Parish](#)

[Newbreak](#)

[St. Paul's Lutheran Church](#)

[St. Andrew's by-the-Sea Episcopal Church](#)

[United Church of Christ](#)

[First Baptist Church of Pacific Beach](#)

[King's Cross Church of San Diego](#)

[Sojourn Grace Collective](#)

[Christian Science](#)

[St. Maximillian Kolbe Polish Church](#)

[Aloha Church](#)

**Online:** [AA Meetings](#)

## **Business Financial Resources:**

[DiscoverPB](#)

[SBA](#)

## **Environmental Stories:**

[Marine life in the World's Oceans Recovery](#) Article

## **Other Local Resources:**

[Shoreline Community Services](#) - Unhoused Neighbors

[Simply Service](#) - Caryn Blanton

[Local Business Support](#) - FaceBook

[Locally Made Masks](#)

## **PBEcoDistrict: Stronger Together COVID-19 Resources and Resiliency**

Over the past few weeks, we know that many of you have experienced a severe disruption to your former routine. Our assumptions about how systems work and the connection within them are now being tested in new and unpredictable ways. As each of us wrestles with how best to respond, know that beautifulPB is here to connect you with local resources, to help you get through this together while building resiliency within our community.

Although the uncertainty and vulnerability communities face is a serious threat, we are inspired by each of you who is trying to sustain your own operations and families, while serving others.

No matter your role, the investments that you make in people and their connections, weave the fabric of resilience. beautifulPB is more committed than ever to support your efforts to meet needs, while shaping an equitable, vibrant future.

### **About the PBEcoDistrict:**

The PBEcoDistrict committed to the Imperatives Equity, Resilience and Climate Protection. These are indispensable cornerstones of neighborhood sustainability, and PB has made a firm pledge to them, as a community.

**RESILIENCE:** A commitment to creating a neighborhood that will work to withstand environmental, social and economic stresses and shocks.

With the COVID-19 crisis, beautifulPB will be completing the EcoDistrict Imperative Resilience for final certification with a grant recently received. Additionally, we have applied for a COVID-19 Community Grant and if awarded, will provide resources to support neighborhood sustainability.

## **IMPERATIVES COMMITMENT**

The EcoDistrict certification process begins with a district's commitment to the Imperatives that underpin the Protocol: Equity, Resilience, and Climate Protection. These are indispensable cornerstones of neighborhood sustainability, and making a firm pledge to them at the outset of the process ensures their integration in the Formation, Roadmap, and Performance phases.

**EQUITY.** This obligation is a commitment that describes how a district will embrace procedural, distributional, structural, and cross-generational equity in district activities.

**RESILIENCE.** This obligation is a commitment that describes how a district will work to withstand environmental, social, and economic stresses and shocks.

**CLIMATE PROTECTION.** This obligation is a commitment that describes how a community creates a pathway to carbon neutrality.